

THIS IS WHAT WE
Can do!
(THIS WEEK, AT LEAST)

FROM _____ TO _____

Daily:

- Make bed
- One load of laundry
- Wash dishes
- Wipe counters/stove/tables
- Take out trash/recycling
- Clean bedroom/bathroom floor

MONDAY

TUESDAY

- Vacuum LR/DR rugs
- Wash windows
- Dust shelves
- Dust mantel
- Wipe fireplace

WEDNESDAY

- Vacuum/mop kitchen
- Wipe down fridge/dishwasher
- Buy groceries
- Wipe microwave
- Clean sink/disposal

THURSDAY

- Vacuum/mop foyer,
dining room and hall

FRIDAY

- Bedrooms-
- Wash sheets
- Wipe/dust surfaces
- Put away clutter
- Vacuum BRs & office

SATURDAY

- Bathrooms-
- toilet sink
- shower mirror
- floors towels

SUNDAY

- Pick up poop
- Mow lawn
- Pull weeds
- Trim bushes
- Tidy garage/Clean out cars

MONTHLY

- Dust blinds
- Wipe baseboards
- Vacuum basement and stairs
- Clean under couches
- Wash mats